

Community Resource List

The following list has been put together for patients, families and caregivers to use for meeting patient needs and concerns. If you have need for a resource not listed, please contact our office and, if possible, we will help.

For patients needing Medication cost assistance

Medication cost assistance:

Patients Rising Concierge <https://www.patientsrisingconcierge.org/>
<https://www.rxassist.org>
<https://www.goodrx.com>
<https://www.rxhope.com>
<https://rxoutreach.org>
<https://www.singlecare.com>

For patients needing Transportation to visits

Transportation assistance:

- Ambulatory (can walk unassisted):
Patients Rising Concierge <https://www.patientsrisingconcierge.org/>
Uber <https://www.uber.com>
Lyft <https://www.lyft.com/rider>
- Non-Ambulatory (difficulty walking, wheelchair use, etc.):
Patients Rising Concierge (800) 685-2654 <https://www.patientsrisingconcierge.org/>
Medbridge Transport (713) 766-0391 <https://medbridgetransport.com>
MetroLift (713) 225-0119 <https://www.ridemetro.org/Pages/METROLift.aspx>

Knowledge about the variety of Medicare plans

Explanations on the variety of Medicare Plans

<https://www.medicare.gov/sign-up-change-plans/different-types-of-medicare-health-plans>

Availability of county-funded health resources for low-income families

County specific Indigent Health Care Programs can be found at:

<http://txclinics.dshs.texas.gov/chcl/>

Community Health Network - Community Health Network is a **nonprofit health system** that facilitates specialty and acute care hospitals, surgery centers, home care services, and behavioral and employer health services.

(281) 824-1480 <https://mychn.org/>

Ibn Sina Foundation – The Ibn Sina Foundation was established in 2001 by a group of local physicians, business and healthcare professionals. The vision was to bridge the growing gap between the health care needs of a rapidly expanding population of under-served families and the ability of existing public institutions to meet their needs. Ibn Sina Foundation’s humble beginnings are of extra ordinary measures for low income and indigent families who have no access to health care and cannot afford expensive health related services. <https://www.ibnsinafoundation.org/>

Harris Health System (formerly Harris County Hospital District) – Health care assistance for eligible residents of Harris County that meet certain household income requirements. (713) 526-4243.
<https://www.harrishealth.org/access-care-hh/eligibility/Pages/default.aspx>

Brazoria County Indigent Health Care - CIHCP is a county program that provides medically necessary health care benefits to individuals who meet the income, resource, residency, and household criteria; and who are categorically ineligible for the Texas Medicaid Program.

<https://www.brazoriacountytx.gov/departments/health-department/indigent-health-care-program>

Angleton Office: (979) 864-1884

Alvin Office: (281) 585-3024

New Dimensions Day Treatment Centers - New Dimensions Day Treatment Centers is a behavioral health facility that offers psychiatric and chemical dependency treatment on an outpatient basis.

(800) 685-9796 <http://www.nddtreatment.com/>

- **In-Patient Behavioral Health Services**

Texas Behavioral Health - <https://texasbehavioral.com> (713) 429-5325

Oceans Behavioral Hospital - <https://oceanshealthcare.com> (832) 619-8836

Sacred Oak Medical Center - www.sacredoakmedical.com (281) 241-6460

Devereux Advanced Behavioral Health – <https://deveraux.com> (800) 834-7710

West Oaks Hospital - <https://westoakshospital.com> (713) 995-0909

Assistance for families of dementia patients

Local Memory Care facilities:

- Sterling Oaks Assisted Living Memory - www.sterlingoaksalf.com (346) 385-0123

- Brookdale Pearland - <https://www.brookdale.com> (281) 464-8740

- Emeritus - (281) 500-3742

- The Cottages at Clear Lake - <https://www.alzcottages.com> (281) 316-4281

- Village on The Park - (349) 271-7379

Diabetic education classes

Diabetes Education:

- Stark Diabetes Center- The Stark Diabetes Centers provide state of the art clinical care, research and education for disease conditions and syndromes including diabetes and dyslipidemia. (832) 505-2300

<https://www.utmbhealth.com/services/diabetes>

- HEB Nutrition Services - <https://www.heb.com/static-page/Nutrition-Services?gclid=CjwKCAjwn8SLBhAyEiwAHNTJbYwpAtxwpmTabuB1R9CQdByAtzCMqstsSnQbyFPMS4718cWJI86JLBoCqcQQA vD BwE>

Assistance for Homebound Patients

- Right at Home - <https://www.rightathome.net/pasadena-texas> (409) 203-2013

- Visiting Angels - <https://www.visitingangels.com> (832) 632-2273

- Home Helpers Care of SE Houston - <https://www.homehelpershomecare.com/se-houston> (281) 559-7845

- Brightstar Care Friendswood - <https://www.brightstarcare.com/friendswood> (281) 606-4335

- Senior Helpers - <https://www.seniorhelpers.com> (281)640-3122

How to access care outside of clinic hours

Please call our on-call provider at (281) 485-9034 for urgent needs. If you have an emergency, call 911

This list is provided for informational purposes only and does not represent any preferences of one entity over another. Friendswood Family Medicine does not have any financial relationships with any of the aforementioned entities. Updated: September, 2021

Addiction Support

- Alcoholics Anonymous – www.aa.org Alvin (281) 585-9669
- Alcoholics Anonymous - www.aa.org League City (281) 332-9800
- Alcoholics Anonymous - www.aa.org Texas City (409) 948-1591
- Alcoholics Anonymous - www.aa.org <https://texasbehavioral.com/> Houston (713) 947-2989
- Sex Addicts Anonymous - <https://saa-recovery.org>
- Texas Gamblers Anonymous - <http://www.texasga.org>
- Narcotics Anonymous - <https://www.na.org>
- National Suicide Prevention Lifeline - <https://suicidepreventionlifeline.org> (800) 273-8255

Nutrition Support

- Houston Food Bank - <https://www.houstonfoodbank.org> (832) 369-9390

Low-Cost Dental Care

- **Ibn Sina Foundation** – The Ibn Sina Foundation was established in 2001 by a group of local physicians, business and healthcare professionals. The vision was to bridge the growing gap between the health care needs of a rapidly expanding population of under-served families and the ability of existing public institutions to meet their needs. Ibn Sina Foundation’s humble beginnings are of extraordinary measures for low income and indigent families who have no access to health care and cannot afford expensive health related services. <https://www.ibnsinafoundation.org/>
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Low-Cost Vision Care

- National Eye Institute - website has a large amount of information on financial aid to assist with vision care <https://nei.nih.gov/health/financialaid>

Employment Resources

- Texas Workforce Commission – Website contains a wealth of resources pertaining to job training and labor laws. Also contains one of Texas’ largest job databases. <https://twc.texas.gov/jobseekers> (800) 628-5115

Respite Care Resources

- Visiting Angels - www.visitingangels.com (979) 256-4282
- A Place For Mom – www.aplaceformom.com (866) 329-6954
- Synergy Home Care – (713) 742-6636
- Friendship Haven – <https://friendshipaven.net> (281) 992-4300

Suicide Resources

- Suicide Safer Home - http://texasuicideprevention.org/wp-content/uploads/2021/05/Suicide-Safer-HomesFINAL2019PDF_v10-1.pdf
- Suicide Prevention Resource Center - <https://www.sprc.org/> (800) 273-8255